

Scent Kit Instructions



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people**

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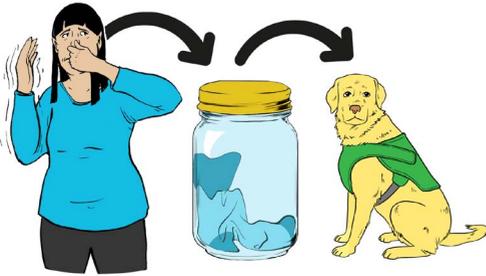
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Easy Read



These instructions will show you how to make your own **scent kit** or how to help someone make their scent kit.



A **scent kit** is something that smells like you that is kept safe in a jar. It could be used to help find you if you are lost.

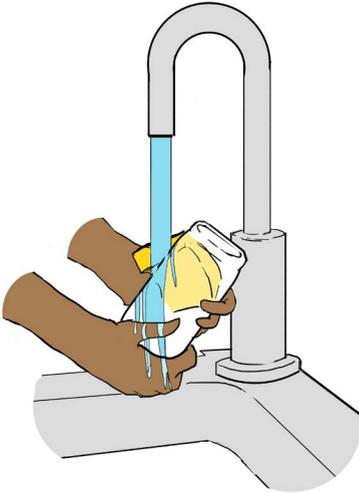
You will need



You will need a glass jar with a metal screw top lid. It is best to buy a new jar online or from a shop.



You can use a glass jar you already have but do not use a jar that has been used to store strong smelling or sticky things like coffee, peanut butter, pickles or mustard.



Make sure that your jar has been cleaned before it is used. To best clean the jar you should wash it out with water and washing liquid. Then dry the jar with tissues.



You will also need a piece of clothing that has been worn in the past few days, that can fit easily inside the jar. A sock would be best.

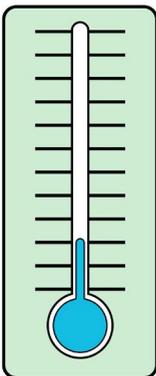
I am making my own scent kit



Get your piece of clothing. The clothing must have been worn in the past few days. Something small like a sock would be best.

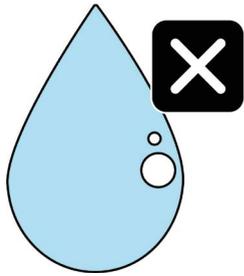


Put the piece of clothing inside the glass jar and screw the lid shut.



Now put the jar in a safe place to store it which is:

- cool



- dry



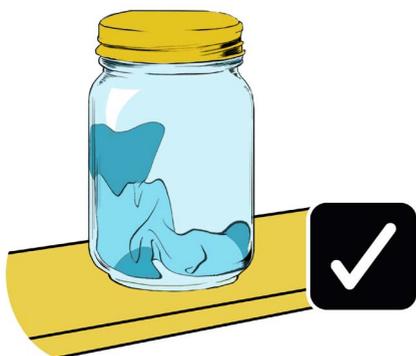
- away from any strong smells, like food or perfumes



- easy to find when needed.



Let family, friends, or a carer know where you have put the jar.



Your scent kit is now complete.



You should do this again every 6 months. You might want to add a note to your calendar of when you will next make a scent kit.

I am helping someone make a scent kit



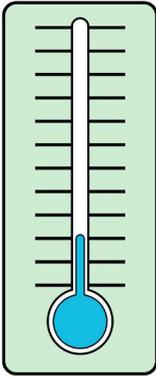
You should wear a pair of gloves at all times to stop your smell getting in the other person's scent kit.



Get a piece of clothing that belongs to the person you are helping. The clothing must have been worn in the past few days. Something small like a sock would be best.

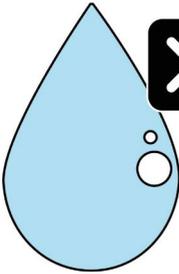


Put the piece of clothing inside the glass jar and screw the lid shut.



Now put the jar in a safe place to store it which is:

- cool



- dry



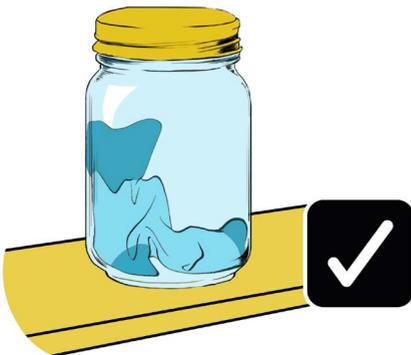
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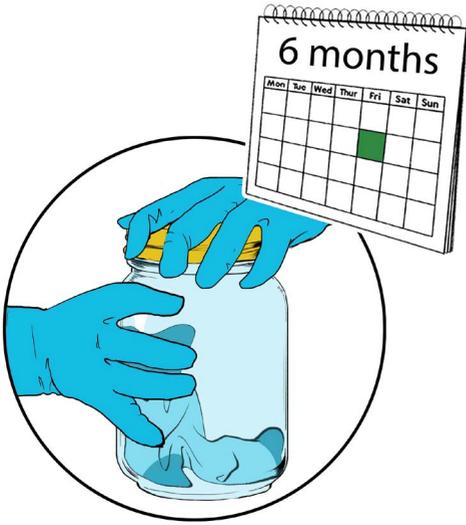
- easy to find when needed.



Let family, friends, or a carer know where you have put the jar.



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