



OUR TEAM IS HERE FOR YOU.

Speak to one of our trained advisors, one-to-one, through our online chat service. If you are missing or thinking of leaving home, get immediate support today.

Our instant Online Chat runs **every day between 2.30 – 9.30pm**. It is free, confidential, and anonymous.

We don't judge and we won't tell you what to do.

Head to www.missingpeople.org.uk/chat and get support today.

Our free and confidential helpline is also available via phone, text and email every day, between 9am and 11pm on 116 000 and 116000@missingpeople.org.uk

missing people

Registered charity in England and Wales (1020419) and in Scotland (SC047419)

A lifeline when someone disappears