



**Whatever you tell us at
Runaway Helpline, we'll listen and
offer support. Not judge or tell you
what to do. It's your call.**

**We're here before, during and after you run away.
Free. Confidential.**

Call or Text:

116 000

Email:

116000@runawayhelpline.org.uk

Online chat & website:

www.runawayhelpline.org.uk

