

## ABOUT THE CHARITY

**Someone is reported missing every 90 seconds in the UK.**

We're the only UK charity dedicated to supporting missing children and adults, and their loved ones. Our mission is to be a lifeline when someone disappears.

For over 30 years, we've been there for children and adults who are at risk of danger or harm, and those who love them. We'll always be there, for as long as it takes.



## ABOUT FAMILY SUPPORT

Our Family Support team are here, for **free** and in confidence, to support anyone who is missing a loved one or someone they care for. We understand the challenges and emotions that you face. For some, this lasts for hours. For others, much longer.

Our team can offer valuable, practical advice and information in those early hours as well as advocacy and long term support and guidance.

We are used to supporting lots of different types of people. You might be a family member, friend, colleague, carer or acquaintance.

**Having a loved one missing is a traumatic experience. Speak to someone now who understands and who can support you through it every step of the journey.**

**missing  
people**

Registered charity in England and Wales (1020419)  
and in Scotland (SC047419)

**LIVING IN LIMBO:  
SUPPORT FOR THOSE  
AFFECTED BY  
A DISAPPEARANCE**



## WAYS TO GET SUPPORT

### Visit our Website

We have information about the support available and helpful guides available.

[missingpeople.org.uk](https://missingpeople.org.uk)

### Call or text 116000

Our Helpline team are here for free and in confidence. We can talk through support options with you, and if you feel ready, help you to take the first steps.

### Speak to our team via Whatsapp



We can answer both quick advice questions and provide ongoing support.

### Join our Facebook group

A private group, to connect with others who may be able to understand what you are going through.



## EXPERIENCES FROM FAMILIES

*"My personal experience with Missing People has truly been incredible. The strength and belief they have given me to keep going has been amazing.*

*They have provided me with hope on my very darkest days and continue to do so.*

*Missing People have been there at the worst time in our lives. Not just as a charity, but as an important lifeline."*

- Mother of a missing son

*"Almost every day since he disappeared, I have struggled with anxiety and depression. Missing People's support has been a lifesaver."*

- Father of a missing son

## WHAT SUPPORT CAN WE OFFER?

Our Family Support team will always seek to provide tailored support. Whatever stage you are at in your journey, we can support you via:

- Practical guidance including how to publicise your missing loved one.
- Emotional support to talk about your experience.
- Advocacy and referrals into additional services.
- Access and bond with a community with lived experience of a missing loved one.

